

# The First Rate Mortgage Cycling Series at Seward Park

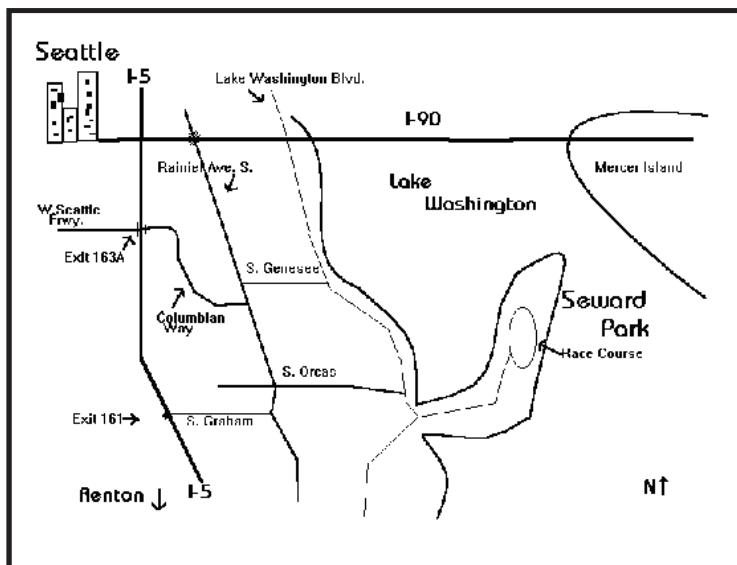
“Weekly Bicycle Racing in Seattle”

- Dates: Every Thursday night from April 1 to Sept. 2, 2010  
 Location: Inside Seward Park, Seattle, WA ( See map below)  
 Costs: \$10 per race. Women and Juniors \$5. Bring your WSBA race number.  
 Goes on your RIGHT side. 10 race punch card for \$90.  
 Prizes: Season prizes go 6 deep. Nightly cash and merchandise prizes.  
 Points kept for season prizes - 6 deep in each race.  
 Register: Race day only. Opens at 4:30 PM - Picnic area next to course.

RACE	CATEGORY*	START TIME	LENGTH**	SEASON PRIZE LIST***
First Timers Clinic	True Beginners Clinic (not a race)	5:00	20 min.	Clinic
A	First Time Races & Category 4 - 5	5:30	25 min.	Prizes
B	Category 3 & 4	6:00	45 min.	\$400
C	Category 1 & 2 & 3 & Pro	7:00	65 min.	\$900

\*Category 3-4's have a choice of races. Women can race in any race they feel is equal to their ability level.

\*\* Length of the races may vary over the season. \*\*\* Season prizes are cash and merchandise.



## COURSE

Located up inside the Seward Park. .8 of a mile loop on smooth wide roads with one 140 degree turn and hill that is 200 meter long. Direction of races change nightly and per weather conditions..



All Cycling rules will be enforced. All riders must sign a waiver and wear an approved helmet. These races are NOT USA Cycling sanctioned. No USCF licensed required. If you DO NOT have medical insurance you should not race.